PE SYLLABUS – YEAR PLANNER						
	AUTUMN TERM		SPRING TERM		SUMMER TERM	
YEAR 6 TL	Wyre Forest COVID secure planning	Harriers/ Handball	Harriers/ Handball	Tag Rugby	Gymnastics	OAA
CF	Leadership	Hockey	Netball	Cricket	Tennis	Rounders
• • • • •	netball, rounders and Apply basic principle Develop flexibility, st Perform dances usin Take part in outdoor Compare their perfor	mes, modified whe d tennis], s suitable for attac trength, technique, g a range of mover and adventurous a rmances with prev	re appropriate [for e king and defending , control and balance ment patterns activity challenges b rious ones and demo	example, badmintor e [for example, thro oth individually and instrate improveme	nt to achieve their pe	nnastics] rsonal best.
Comps	Football League, Cross Country, Kho, Kho		New Age Curling, Boccia, Archery Netball League, Indoor Athletics, Hockey, Tag Rugby(Police), Dance, Swimming		Rowing, Athletics, Cricket, Tennis, Orienteering, Rounders	
Extra Curricular	Football, Cross Country, Freddy Fit, Walk a Mile		Freddy Fit, Walk a Mile, Alternative Sports, Netball, Indoor Athletics, Table Tennis, Hockey, Dodgeball		Cricket, Athletics, Rounders, Pop Lacrosse, Tennis, Ultimate Frisbee	
YEAR 5 TL	Wyre Forest COVID secure planning	Handball	Athletics	ΟΑΑ	Gymnastics	Rounders
CF	Tag Rugby	Hockey	Netball	Cricket	Tennis	Leadership
	netball, rounders and Apply basic principle Develop flexibility, st Perform dances usin Take part in outdoor	mes, modified whe d tennis], s suitable for attac trength, technique, g a range of mover and adventurous a	re appropriate [for e king and defending , control and balance ment patterns activity challenges b	example, badmintor e [for example, thro oth individually and	n, basketball, cricket, f hugh athletics and gym within a team nt to achieve their pe	nnastics]
Comps	Football League, Cross Country, Kho, Kho, Tag Rugby		New Age Curling, Boccia, Archery Netball League, Indoor Athletics, Hockey, Dance, Swimming		Rowing, Athletics, Cricket, Tennis, Orienteering, Rounders	
Extra Curricular	Football, Cross Country, Freddy Fit, Walk a Mile, Tag Rugby		Freddy Fit, Walk a Mile, Alternative Sports, Netball, Indoor Athletics, Table Tennis, Hockey, Dodgeball		Cricket, Athletics, Rounders, Pop Lacrosse, Tennis, Ultimate Frisbee	
YEAR 4 TL	Wyre Forest COVID secure planning	Netball	Handball	OAA	Dance	Gymnastics
CF	Invasion Tag	Hockey	Football	Cricket	Athletics	Tennis
National •	l Curriculum Link:- Use running, jumping	g, throwing and ca	tching in isolation ar	nd in combination		

• Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],

- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Comps	Kha Kha Tag Dughy		New Age Curling, Boccia, Archery		Dowing Athlatics Cricket Tannis Tri	
comps	Kho, Kho, Tag Rugby	/	Hockey, Dance, Sw	•	Rowing, Athletics, Cricket, Tennis, T Golf.	
Extra Curricular	Harriers Community Football, Dance, Tag Rugby, Multi-skills, Gym, Alternative Sports, Freddy Fit, Walking Mile.		Harriers Community Football, Hockey, Netball, Dodgeball, Table Tennis,, Freddy Fit, Walking Mile.		Harriers Community Football, Cricket, Athletics, Tri-Golf, Freddy Fit, Walking Mile, Tennis, Ultimate Frisbee.	
YEAR	Wyre Forest	Athletics	OAA	Dance	Gymnastics 1	Gymnastics
3	COVID secure					2
TL	planning					
CF	Invasion Tag	Hockey	Basketball	Cricket	Tennis	Rounders

National Curriculum Link:-

- Use running, jumping, throwing and catching in isolation and in combination
- Llay competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],
- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Comps	Tag Rugby, Kho, Kho	New Age Curling, Boccia, Archery Hockey, Dance, Swimming	Rowing, Athletics, Cricket, Tennis, Tri-Golf,
Extra Curricular	Harriers Community Football, Dance, Tag Rugby, Multi-skills, Gym, Alternative Sports, Freddy Fit, Walking Mile.	Harriers Community Football, Hockey, Netball, Dodgeball, Table Tennis,, Freddy Fit, Walking Mile.	Harriers Community Football, Cricket, Athletics, Tri-Golf, Freddy Fit, Walking Mile, Tennis, Ultimate Frisbee.

END OF KEY STAGE 1

YEAR	Wyre Forest	Object	Object	Locomotion	Locomotion	Locomotion
2	COVID secure	Control and	Control and	and Stability -	and Stability –	and Stability
TL	planning	Locomotion	Locomotion -	Dance	Gymnastics 1	-
		- Athletics	Invasion			Gymnastics
						2
CF	Object Control –	Object Control	Object Control	Object Control	Object Control	Object Control
	Ball Skills	– Ball Skills	and Locomotion	and Locomotion	and Locomotion -	and
			– Multi-skills	– Multi-skills	Athletics	Locomotion –
						net/wall

National Curriculum Link:-

- Master basic movements including running, jumping, throwing and catching
- Developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns

• Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

Comps			Multi-skills Festival		Striking/Fielding Festival	
Extra Curricular	Harriers Community Football, Dance, Multi-skills, Gym.		Harriers Community Football		Harriers Community Football	
YEAR R/1 TL	Wyre Forest COVID secure planning	Locomotion and Object Control	Object Control - Invasion	Locomotion and Stability – Dance 1	Locomotion and Stability – Dance 2	Locomotion and Stability – Gymnastics
CF	Object Control – Ball Skills	Object Control – Ball Skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion - Athletics	Object Control and Locomotion – net/wall

National Curriculum Link:-

• Master basic movements including running, jumping, throwing and catching

• Developing balance, agility and co-ordination, and begin to apply these in a range of activities

• Participate in team games, developing simple tactics for attacking and defending

• Perform dances using simple movement patterns.

Each unit of work is to last for approximately 5/6 weeks depending upon the half terms. Last week of each half term is for year group house competitions led by CF.