

Leadership Team

C Lowe - Headteacher

S Finlay - Deputy Headteacher

L White - Deputy Headteacher



St John's CE Primary School

Blakebrook, Kidderminster,

Worcestershire. DY11 6AP

Tel: 01562 745558

Fax: 01562 861765

Email: office@stjohns.worcs.sch.uk

"Shaping Lives, Shaping Futures"

"Start children off on the way they should go, and even when they are old, they will not turn from it" Proverbs 22:6

Advice on how to help your child transition back to school after lockdown

We are aware that some of you might be feeling slightly anxious about your child's transition back to school. Please be assured that the school will do its very best to ensure your child will be in a safe and happy learning environment. To help in their transition, we have put together some ideas as to how you can help prepare your child at home before they return:

Listen to your child

If your child is feeling slightly worried about coming back to school it is best to first listen to their worries and tell them that it's OK. Worries are normal and it's best to focus on your child's feelings and emotions at this stage rather than trying to solve the problem.



A problem-solving approach



Once you have acknowledged your child's worries, the next stage is to try and solve the problem. The best way to do this is to try and encourage your child to think themselves, if possible, of ways to solve the problem and discuss together what the best solution is.

Think positively

Talk to your child about all of the things they might be looking forward to about going back to school which will be unique for every child – their friends, teachers, playing games and learning within the school environment.



Be prepared

Explain to your child that things might be slightly different at school compared to before lockdown. You might like to share with your child how our school and staff will be taking precautions to ensure that everyone is kept safe. This will include regular washing of hands and social distancing.



Finally, start moving bedtimes and waking up times closer to a regular school day. Make sure your child's uniform is washed and ready-to-wear and that their bag is ready.

We hope that some or all of these tips help your child in the transition back to school and we are all really looking forward to welcoming them back. If you feel you need any further help, please contact your child's class teacher or the senior leadership team.