

Subject: Physical Education

Subject Intent:

At St. John's C.E. Primary School we provide a caring environment in which children are allowed to discover personal qualities and values such as perseverance, tolerance, determination, honesty, enthusiasm and passion, respect, team work and self-belief through the physical medium. Many of which are the School Games Values and transfer across many of the different areas of the curriculum. We aim to provide all pupils with a sense of achievement as well as enjoyment and fun through an appropriately balanced and developmental range of physical activities.

Physical Education is an integral and essential part of the curriculum from which the children can derive a great deal of pleasure. It is exclusively concerned with the physical child, providing the main sources of exercise, essential for the physical growth and development of the child. Exercise is also essential requirement for health and fitness and has also a positive effect on well-being and academic achievement.

Our PE curriculum is designed to progressively develop the children's physical literacy skills and inspire all the children to succeed and excel in competitive sport and other physical activities as well supporting their health and fitness.

Termly Overview

	Autumn		Spring		Summer	
Year 1	GYM	DANCE	PLAYGROUND GAMES	OAA	DANCE	GYM
	FUNDAMENTAL BALL SKILLS	FUNDAMENTAL BALL SKILLS	FUNDAMENTAL MULTI-SKILLS	FUNDAMENTALS MULTI-SKILLS/TEAM GAMES	FUNDAMENTAL ATHLETICS	NET/WALL BALL SKILLS
Year 2	SWIMMING	SWIMMING	PLAYGROUND GAMES	OAA	DANCE	GYM
	FUNDAMENTAL BALL SKILLS	FUNDAMENTAL BALL SKILLS	FUNDAMENTAL MULTI-SKILLS	FUNDAMENTALS MULTI-SKILLS/TEAM GAMES	FUNDAMENTAL ATHLETICS	NET/WALL BALL SKILLS
Year 3	GYM	DANCE	SWIMMING	SWIMMING	ATHLETICS	OAA
	INVASION TAG/FOOTBALL	INVASION HOCKEY FOCUS	INVASION NETBALL/BASKETBALL	STRIKING/FIELDING CRICKET	NET/WALL TENNIS	STRIKE/FIELDING ROUNDERS
Year 4	GYM	DANCE	TARGET GAMES	OAA	SWIMMING	SWIMMING
	INVASION TAG/FOOTBALL	INVASION HOCKEY FOCUS	INVASION NETBALL/BASKETBALL	STRIKING/FIELDING CRICKET	ATHLETICS	NET/WALL TENNIS
Year 5	GYM	DANCE	INDOOR ATHLETICS	OAA	ATHLETICS	ROUNDERS
	TAG RUGBY	HOCKEY	NETBALL	CRICKET	TENNIS	LEADERSHIP
Year 6	GYM	HARRIERS/ INDOOR ATHLETICS	HARRIERS/ INDOOR ATHLETICS	TAG RUGBY	ATHLETICS	OAA
	LEADERSHIP	HOCKEY	NETBALL	CRICKET	TENNIS	ROUNDERS

