

Ball Games- Progression of Key Skills (KS1)

Reception (through intro first PE unit)	Year 1	Year 2
Fox and rabbit game. Move away from the rabbit onto a spot (finding a space) Moving around in a space in different ways	Moving into a space when playing a game In the warm up game 'squashed' look at how to find and get into a space Develop space awareness in a small 2v2 game	Moving into a space and catching a ball. Beginning to try and dodge into a space Develop space through small-sided games 4v4
Fun games encouraging throwing and catching with different types of balls. Passing with a partner and counting to 5 and 10. Passing an object to another child.	Pass the ball to someone on their team- encouraging to pass to a team member who is in a space	Pass the ball to someone on their team who is in a space. Looking to only pass the ball if team member has their hands ready and in a space.
Moving around at speed and changing direction	Pass the ball and attempt to move forward. Developing skills to keep head up when passing the ball, then move straight after	Pass the ball, move forward and look to receive the ball. Beginning to develop dodging into a space – moving away from their position once they have thrown the ball.
Follow a partner to steal their bib	Begin defending - trying to follow a partner in a game, keeping their head up	Developing defending skills, follow an opponent in a game and attempting to win the ball. Keeping as close as possible to a player on the other team.
Watching a ball to try and catch it	Winning a ball in a game- bouncy feet to try and catch the ball	Winning a ball in a game-looking up to try and intercept the pass
Scoring points with beanbag treasure, in a simple hoop invasion game.	Begin to communicate with their team to try and score	Communicating and working together to try and score a point

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