

## PE SYLLABUS – YEAR PLANNER

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
YEAR 6 TL	Wyre Forest COVID secure planning	Harriers/ Handball	Harriers/ Handball	Tag Rugby	Gymnastics	OAA
CF	Leadership	Hockey	Netball	Cricket	Tennis	Rounders

### National Curriculum Link:-

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],
- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Comps	Football League, Cross Country, Kho, Kho	New Age Curling, Boccia, Archery Netball League, Indoor Athletics, Hockey, Tag Rugby(Police), Dance, Swimming	Rowing, Athletics, Cricket, Tennis, Orienteering, Rounders
Extra Curricular	Football, Cross Country, Freddy Fit, Walk a Mile	Freddy Fit, Walk a Mile, Alternative Sports, Netball, Indoor Athletics, Table Tennis, Hockey, Dodgeball	Cricket, Athletics, Rounders, Pop Lacrosse, Tennis, Ultimate Frisbee

YEAR 5 TL	Wyre Forest COVID secure planning	Handball	Athletics	OAA	Gymnastics	Rounders
CF	Tag Rugby	Hockey	Netball	Cricket	Tennis	Leadership

### National Curriculum Link:-

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],
- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Comps	Football League, Cross Country, Kho, Kho, Tag Rugby	New Age Curling, Boccia, Archery Netball League, Indoor Athletics, Hockey, Dance, Swimming	Rowing, Athletics, Cricket, Tennis, Orienteering, Rounders
Extra Curricular	Football, Cross Country, Freddy Fit, Walk a Mile, Tag Rugby	Freddy Fit, Walk a Mile, Alternative Sports, Netball, Indoor Athletics, Table Tennis, Hockey, Dodgeball	Cricket, Athletics, Rounders, Pop Lacrosse, Tennis, Ultimate Frisbee

YEAR 4 TL	Wyre Forest COVID secure planning	Netball	Handball	OAA	Dance	Gymnastics
CF	Invasion Tag	Hockey	Football	Cricket	Athletics	Tennis

### National Curriculum Link:-

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],

- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Comps	Kho, Kho, Tag Rugby	New Age Curling, Boccia, Archery Hockey, Dance, Swimming	Rowing, Athletics, Cricket, Tennis, Tri Golf.			
Extra Curricular	Harriers Community Football, Dance, Tag Rugby, Multi-skills, Gym, Alternative Sports, Freddy Fit, Walking Mile.	Harriers Community Football, Hockey, Netball, Dodgeball, Table Tennis,, Freddy Fit, Walking Mile.	Harriers Community Football, Cricket, Athletics, Tri-Golf, Freddy Fit, Walking Mile, Tennis, Ultimate Frisbee.			
YEAR 3 TL	Wyre Forest COVID secure planning	Athletics	OAA	Dance	Gymnastics 1	Gymnastics 2
CF	Invasion Tag	Hockey	Basketball	Cricket	Tennis	Rounders

National Curriculum Link:-

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis],
- Apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Comps	Tag Rugby, Kho, Kho	New Age Curling, Boccia, Archery Hockey, Dance, Swimming	Rowing, Athletics, Cricket, Tennis, Tri-Golf,
Extra Curricular	Harriers Community Football, Dance, Tag Rugby, Multi-skills, Gym, Alternative Sports, Freddy Fit, Walking Mile.	Harriers Community Football, Hockey, Netball, Dodgeball, Table Tennis,, Freddy Fit, Walking Mile.	Harriers Community Football, Cricket, Athletics, Tri-Golf, Freddy Fit, Walking Mile, Tennis, Ultimate Frisbee.

END OF KEY STAGE 1

YEAR 2 TL	Wyre Forest COVID secure planning	Object Control and Locomotion - Athletics	Object Control and Locomotion - Invasion	Locomotion and Stability - Dance	Locomotion and Stability – Gymnastics 1	Locomotion and Stability – Gymnastics 2
CF	Object Control – Ball Skills	Object Control – Ball Skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion - Athletics	Object Control and Locomotion – net/wall

National Curriculum Link:-

- Master basic movements including running, jumping, throwing and catching
- Developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns

- Swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

Comps			Multi-skills Festival		Striking/Fielding Festival	
Extra Curricular	Harriers Community Football, Dance, Multi-skills, Gym.		Harriers Community Football		Harriers Community Football	
YEAR R/1 TL	Wyre Forest COVID secure planning	Locomotion and Object Control	Object Control - Invasion	Locomotion and Stability – Dance 1	Locomotion and Stability – Dance 2	Locomotion and Stability – Gymnastics
CF	Object Control – Ball Skills	Object Control – Ball Skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion – Multi-skills	Object Control and Locomotion - Athletics	Object Control and Locomotion – net/wall

National Curriculum Link:-

- Master basic movements including running, jumping, throwing and catching
- Developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns.

Each unit of work is to last for approximately 5/6 weeks depending upon the half terms. Last week of each half term is for year group house competitions led by CF.